

WellFEST!

For Deaf, Hard of Hearing, Deaf-Blind, and Hearing

March 29, 2014
9:30 a.m. to 3:30 p.m.
Nashville Public Library
615 Church Street

- FREE Health Screenings
- Fitness Demonstrations
- Speakers
- 10:30 a.m. - 11:00 a.m. "Tips to Improve Your Health"
- 11:15 a.m. - 12:00 p.m. "Is Speech & Lip Reading for You?"
- 1:30 p.m. - 2:00 p.m. "How Nutrition Affects Your Health"
- Informational Booths

Pre-register online at www.bridgesfordeafandhh.org

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