

Family-to-Family Communities Project (F2FC)

Connecting Families of Individuals with Deaf-Blindness via Distance Technology



F2FC Registration is now open until August 10, 2019!

<https://gsap.wufoo.com/forms/f2fc-registration-20192020/>

Facilitators will contact participants in August; monthly calls Sept. 2019 to May 2020.

- F2FC brings families together to connect, share information and resources, and offer support to one another in the journey of supporting their family member with deaf-blindness
- Each F2FC is comprised of 8-10 family members and is guided by trained Facilitators.
- F2FC groups meet once per month for 90 minutes, via phone and/or video conference.
- Topics are chosen by the group and include structured conversation and open sharing.
- Your regular participation is vital to the group!

"I love knowing that there are others like me! It's wonderful to not to feel so isolated"
(parent)



"I really enjoyed getting to know these families and learning better ways to support them"
(facilitator)

2019-2020 Family-to-Family Communities- adjust for time zones

Schedule may require minor changes. Topics listed are a sample.

- Self-Care Strategies for Parents: First Thursday of month at 8:30pm ET; topics- building your toolbox of self-care and wellness strategies as a caregiver; Facilitators- Heather Joy Magdelano, Donia Shirley, & Jennifer Hawkinson
- Communication & Other Hot Topic: Second Sunday of month at 9:30 ET; topics- communication for your child, family, and educational team; open discussion about other relevant topics; Facilitators- Jackie Dalzell & Jenn Henkle
- Families with Members who have Peroxisomal Disorders: Third Monday of month at 8:30pm ET; topics- communication, educational support, & life balance / self-care; Facilitators- Krista Olsen & Katie Sacra
- Families with Members who have Usher syndrome: Wed. eve (time TBD); large group will meet for guest speakers and will be divided into smaller groups for conversation; Facilitators- Pam Aasen, Carly Fredericks, Lane McKittrick
- Families with Members who have CHARGE: Wed. eve at 8 or 9pm ET; topics- unique needs and services, building a network of support, family dynamics, planning for the future; Facilitators- Djenne Morris & Lori Beth Smith
- Adoptive and Foster Family Supports: Day/time TBD (evening); topics- the first year, peer-to-peer relationships, innovative strategies, and communication vs. language; Facilitator- Courtney-Ke Williams
- Life Support: First Tuesday of month at 8pm ET; topics- empowering parents to advocate for their child & access resources and just talk about whatever is happening in your life; Facilitators- Ellen Bowman & Diane Foster
- Adult Life (age 22+): Last Wednesday of month at 7pm ET; topics- adult service systems, employment, & housing; Facilitators- Jacqueline Izaguirre & Patti McGowan
- Extended Family Members: Day/time TBD; topics-understanding the impact of having a child with deaf-blindness and other disabilities and how extended family can support their loved ones; Facilitator- Jana Villemez
- 2 groups for Spanish-speaking Families: one focusing on support, the other on leadership; Facilitators- Silvia Verga, Alexandra Fiallos, Josefina Gonzales; registration for Spanish-speaking groups ONLY <https://tinyurl.com/y5xgd42y>

Questions??? Contact Carol Darrah, cdarrah@uga.edu / (706) 542-2433, or your state deaf-blind project.