When you lose your hearing you need to grieve. This is not optional—but critical to your continued mental and physical health. This book leads you through the process of dealing with the grief and pain you experience as a result of your hearing loss. It explains what you are going through each step of the way. It gives you hope when you are in the depths of despair and depression. It shows you how you can lead a happy vibrant life again in spite of your hearing loss. This book has helped many.

**Author:** Neil G. Bauman  
**Imprint:** Stewartstown, PA : Integrity First Publications, c2011  
**Tags:** [Coping with Hearing Loss](https://tndeaflibrary.nashville.gov/material-tags/coping-with-hearing-loss) [1]  
[Health/Medical](https://tndeaflibrary.nashville.gov/material-tags/healthmedical) [2]  
**Catalog Link:** [Grieving for Your Hearing Loss: The Rocky Road from Denial to Acceptance](http://waldo.library.nashville.org/record=b2172887*eng) [3]  

**Source URL:**  

**Links:**  
[2] [https://tndeaflibrary.nashville.gov/material-tags/healthmedical](https://tndeaflibrary.nashville.gov/material-tags/healthmedical)  
[3] [http://waldo.library.nashville.org/record=b2172887*eng](http://waldo.library.nashville.org/record=b2172887*eng)